

adm



Size Guide





SIZING

MEN'S SIZES

		XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST	inch	34-36"	37-39"	39-41"	41-43"	43-45"	46-48"	49-51"	52-53"	54-56"	58"
	cm	86-91.5	94-99	99-104	104-109	109-114.5	117-122	122-129.5	132-134.5	137-142	147.5
WAIST	inch	28-30"	30-32"	32-34"	34-36"	36-38"	38-40"	40-42"	42-44"	44-46"	46-48"
	cm	71-76	76-81.5	81.5-86	86-91.5	91.5-96.5	96.5-102	102-106.5	106.5-112	112-117	117-122

WOMEN'S SIZES

		6	8	10	12	14	16	18	20	22
CHEST	inch	30"	32"	34"	36"	38"	40"	42"	44"	46"
	cm	77	82	87	92	97	102	107	112	117
WAIST	inch	22"	24"	26"	28"	30"	32"	34"	36"	38"
	cm	57	62	67	72	77	82	87	92	97
HIPS	inch	33"	35"	37"	39"	41"	43"	45"	47"	49"
	cm	85	90	95	100	105	110	115	120	125

JUNIOR SIZES

		6	8	10	12	14
CHEST	inch	23-24"	25-26"	27-29"	30-32"	32-34"
	cm	58.5-61	63.5-66	68.5-74.5	76-81.5	81.5-86
WAIST	inch	22-23"	23-24"	24-26"	26-28"	28-29"
	cm	56-58.5	58.5-61	61-66	66-71	71-73.5





adm

ADM Leisurewear Ltd, Unit 1, Appleton Street, Wigan, WN3 4BZ